

MINUTES OF THE REGULAR MEETING OF THE SENIOR CITIZENS COMMISSION  
OF THE CITY OF SOUTH PASADENA  
CONVENED THIS 11th OF SEPTEMBER 2019,  
AT 8:30- A.M.  
SOUTH PASADENA SENIOR CENTER  
1102 OXLEY STREET

**ROLL CALL**

Chair Levitt convened the Regular Meeting of the South Pasadena Senior Citizen Commission at 8:32 AM.

Chair Levitt called the meeting to order with the following commissioners present:

Chair Levitt, Commissioners Papadakis, Vanderwall and Knight

City Council Liaison present: Absent

Staff present: Community Services Supervisor Torres

**PUBLIC COMMENTS**

Chair Levitt opened the Public Comment section.

PUBLIC COMMENT: Resident Ellen Wood gave a brief presentation on Measure A coming up on the November election.

**APPROVAL OF MINUTES OF August 15, 2019**

Commissioner Papadakis motioned to approve minutes as submitted. Motion was seconded by Chair Levitt.

AYES: Knight, Levitt, Vanderwall and Papadakis

NOES: None

ABSTAIN: None

**DISCUSSION ITEMS**

**1. 2019 Work plan updates**

Discussion ensued on review of informational articles that the Commissioners would author to promote the Senior Center, ranging from aging matters to services offered by the Senior Center. The suggested articles are as follows:

- a. Adult Day Care Programs - Shon
- b. Dementia - open
- c. Role of Occupational Therapist – J. Papadakis will be resubmit in word format
- d. Hoarding – open
- e. Ways to Help – Knight
- f. Volunteer needs – Levitt September 2019
- g. Promotion of workshop – Levitt September 2019
- h. Healthy & Happy Holidays - Papadakis

**2. Update on Community Workshop "What to do About Mom or Dad"**

Workshop committee made up of two commissioners and staff has planned and organized the next workshop which scheduled for Tuesday, October 15, 2019, 6:30 pm. (note the original date was October 9<sup>th</sup>), the workshop will focus on topics of legal

and financial matters, including Medicare, probate, estate planning, avoiding fraud and abuse and much more. It was suggested that the spring 2020 workshop focus on medical issues.

**3. Update from Senior Citizens Foundation**

A representative was assigned from foundation board to provide update from September 9, 2019, however the person did not make it. Staff went ahead and provided a summary of what transpired.

**INFORMATION ITEMS**

**4. Report on Events**

Staff member Torres reported on the following events:

National Senior Citizens Day August 21 which had over 100 seniors attend the event sponsored by The Kensington of Sierra Madre, on September 13 Resource Fair had twenty four vendors sharing information on services and programs for older adults.

**6. City Council Liaison's Report**

No report was provided

**7. Commissioner Comments**

No comments were provided.

**8. Staff Liaison Report**

No report was provided.

**ADJOURNMENT**

Commissioner Papadakis moved to adjourn the meeting and was seconded by Commissioner Knight. All were in favor.

The regular Meeting of the South Pasadena Senior Commission adjourned at 9:20 AM.

  
Chair, Alexandria Levitt

Minutes approved by the Commission on 10/9/19